



When we began to seal up our homes in the 70's to conserve energy, we also sealed in the mold and the mycotoxins it produces. During this period, auto-immune diseases have increased, the occurrence of asthma has skyrocketed, and Alzheimer's has become common.

We call this phenomenon Systemic Fungal Disorder (SFD). Approximately 20% of the population has a T-cell (immune white blood cell) receptor defect that causes an abnormal immune reaction. When your environment is contaminated, you can develop inflammation. This inflammation can be caused by the production of defective white blood cells (T-cells) that can cause massive inflammation in surrounding tissues as they attack the causative agent. This inflammatory reaction can produce an onrush of T-cells (30% of the total body's T-cells instead of 0.01%) to attack the causative agent and protect the body. This massive overproduction can detract from your immune system's ability to fight other diseases. The T-cell defect can cause the immune system to fail to recognize the body tissues as self and begins to attack normal tissues and other items that enter the body such as foods, drugs, chemicals, and yeast thereby impacting disorders such as:

Sinusitis	Candidiasis	Gastric Reflux Disease (GERD)	Headaches
Fibromyalgia	Asthma	Systemic Fungal Symptoms	Migraines
Chronic Fatigue Syndrome	Hearing Loss	Aspergillosis	Sleep Disorders
Arthritis	Restless Legs Syndrome	Irritable Bowel Syndrome	Rashes
Allergic Fungal Sinusitis	Psoriasis	Muscle Weakness	Yeast Infection
ALS (Lou Gehrig's disease)	Vertigo & Dizziness	Polycystic Ovary Syndrome	and more.
Chronic Rhinosinusitis	Meniener's Disease	Brain Fog	

With enough good information, you can make better decisions about your environment and it's affect on your well-being.

IF YOU THINK MOLD IS A FACTOR

1. **Mold Screening Test** – Find out if your home is contaminated by mold. We suggest a simple gravity plate screening test that you can set out yourself and send into ImmunoLytics Laboratory. The lab will analyze the sample for mold type and count and provide you with a full-color report. Lab fees run \$30 to \$45 per room. Owners of homes up to 3,000 sq ft should set out at least 4 test plates. An extra plate should be set out for each additional 1,000 feet. You should also test your bed/pillows, carpeting, car(s) and pet(s). The more areas tested, the better the understanding of your environmental dynamics. We will come out and test your home for you for a charge of \$145 plus lab fees. If testing is combined with our Healthy Home Survey (see below), the \$145 charge will not apply. Additional testing methods are available upon request.
2. **Doctor's Appointment** – make an appointment with a physician who is familiar with the protocols for mold contamination. We can provide a list of physicians.
3. **Healthy Home Survey** – If testing shows you have a high count of mold or certain types of mold, you need to find out where the mold is, why it has been able to proliferate and what steps you need to take to rid your home of mold and prevent it from returning. The basic survey is \$395 to \$495 and includes state-of-the-art thermal imaging for leak detection and energy loss. You can also have your home tested for mold at this time (if you have not already done so) – you will be charged lab fees for the test portion in addition to the survey fee.
4. **Bio-balancing Botanical Treatment** – Medical treatment may not be as effective long-term if you continue to be impacted by your environment. You can have your home bio-balanced with non-toxic, botanically based products that permeate your entire house reaching even the most inaccessible areas. Many products are capable of killing mold, viruses and bacteria. Unfortunately for a percentage of the population, those “chemical cures” can be worse than the mold. That is why we recommend companies that exclusively use products that are botanically based with an MSDS of zero. Bio-balancing costs from \$0.80 to \$1.75 per square foot (plus travel expenses if out of town) depending on the type of mold, the amount of contamination and the configuration of the home. Included in this price: (1) 2-month supply of maintenance products and devices; (2) re-treatment after recommended changes if testing verifies need (no charge locally -- additional charge \$500 to \$1,000 plus travel expenses for retreatment if outside local area), (3) **retesting after final treatment**.
5. **Improve Your Home** - Complete all changes recommended in the Healthy Home Survey. Have your home bio-balanced a second time if needed.
6. **Maintenance Products** – Replace your current products with non-toxic, botanically based cleaning and maintenance products to safeguard your home and health.
7. **Stay Safe** - Avoid and protect yourself from moldy environments and, just as importantly, reduce your contact with chemicals. Test your home, office, car every 6 months. .